

**State of Alaska**  
**FY2010 Governor's Operating Budget**

**Department of Health and Social Services**  
**Psychiatric Emergency Services**  
**Component Budget Summary**

**Component: Psychiatric Emergency Services**

**Contribution to Department's Mission**

To protect and improve the quality of life for consumers impacted by mental disorders or illness.

**Core Services**

- The Psychiatric Emergency Services component provides competitive grant funding to community mental health agencies for services intended to aid people in psychiatric crisis. The service array may include crisis intervention, brief therapeutic interventions to help stabilize the client, and follow-up services.
- Specialized services such as mobile outreach teams and residential crisis/respite services are also funded in this component.
- This is also the component that will respond to a disaster and seek federal assistance if an event meets federal disaster criteria and is declared by the President of the United States.

FY2010 Resources Allocated to Achieve Results		
<b>FY2010 Component Budget: \$9,387,400</b>	<b>Personnel:</b>	
	Full time	0
	Part time	0
	<b>Total</b>	<b>0</b>

**Key Component Challenges**

- Communities in the state each have a different method for organizing emergency services. In some communities there are few gaps in service, and the emergency rooms at local hospital have strong relationships with the Behavioral Health providers who are credentialed to work in their facilities. In other communities, communication is limited to public meetings and behavioral staffs are not allowed to assist with psychiatric emergencies in emergency rooms. This limits the ability of the provider to help individuals to remain in their home community and can increase referrals to the Alaska Psychiatric Institute (API). This also makes discharge planning from API more complicated, as the provider was not involved in the initial referral and has been absent in ongoing efforts to return the client home. The division has drafted clear guidelines on our emergency services standards and provided ongoing training with grantees starting in January 2007.
- Rural areas are faced with the meeting the 24/7 staffing expectations for emergency services. These staffers must be cross-trained and respond in an on-call basis. They effectively have no time off, which significantly adds to the stress, burnout, and turnover. Because of the extensive geography, it is also not possible to be in all locations; face-to-face contacts are often not possible.
- API and other mental health service provider agencies in Alaska are experiencing difficulty recruiting psychiatrists, psychiatric nurses and other mental health professionals. Since there is a limited supply of psychiatrists and psychiatric nurses in the nation, they are in high demand; agencies in the country's more densely populated areas tend to be able to offer an employment/lifestyle package that is more attractive than what Alaska can offer. The 2007 workforce vacancy study reaffirmed that this shortage was especially true for psychiatric nurses and psychiatrists. The mean recruiting time for psychiatrists averaged 34.5 months.

**Significant Changes in Results to be Delivered in FY2010**

There will be no significant changes in results to be delivered.

## Major Component Accomplishments in 2008

- Through our emergency services system, we responded to 42,030 crises that involved clients who were also served in other components when not in crisis. Ensuring that consumers in crisis are served quickly and appropriately enables them to access stabilization and treatment services as needed, reduces the overall costs related to serving these individuals over the long term, and prevents even more serious long-term consequences for the individuals needing emergency services. Emergency services continue to provide a direct alternative/diversion from psychiatric hospitalization.
- Anchorage lost a detox facility in FY2007-2008. During the 2008 Legislative Session funds were appropriated for planning and operational costs for the first six months for the renovated facility. A broad-based stakeholder community planning process was developed for both Anchorage and rural areas. This planning process along with the legislative funding aid will allow programming with the capacity to address the most difficult clients. The process is also reviewing best practices for this target population. The facility is expected to open in Anchorage early in 2009.

## Statutory and Regulatory Authority

AS 47.30.520 - 620	Community Mental Health Services Act
AS 47.30.655 - 915	State Mental Health Policy
AS 47.30.011 - 061	Mental Health Trust Authority
7 AAC 78	Grant Programs
7 AAC 72	Civil Commitment
7 AAC 71	Community Mental Health Services

### Contact Information

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**Psychiatric Emergency Services  
Component Financial Summary**

*All dollars shown in thousands*

	FY2008 Actuals	FY2009 Management Plan	FY2010 Governor
<b>Non-Formula Program:</b>			
<b>Component Expenditures:</b>			
71000 Personal Services	0.0	0.0	0.0
72000 Travel	0.0	0.0	0.0
73000 Services	28.4	182.5	2,638.4
74000 Commodities	0.0	0.0	0.0
75000 Capital Outlay	0.0	0.0	0.0
77000 Grants, Benefits	5,154.4	9,204.9	6,749.0
78000 Miscellaneous	0.0	0.0	0.0
<b>Expenditure Totals</b>	<b>5,182.8</b>	<b>9,387.4</b>	<b>9,387.4</b>
<b>Funding Sources:</b>			
1004 General Fund Receipts	0.0	1,714.4	1,714.4
1007 Inter-Agency Receipts	244.7	0.0	0.0
1037 General Fund / Mental Health	4,938.1	7,673.0	7,673.0
<b>Funding Totals</b>	<b>5,182.8</b>	<b>9,387.4</b>	<b>9,387.4</b>

**Estimated Revenue Collections**

Description	Master Revenue Account	FY2008 Actuals	FY2009 Management Plan	FY2010 Governor
<b>Unrestricted Revenues</b>				
None.		0.0	0.0	0.0
<b>Unrestricted Total</b>		<b>0.0</b>	<b>0.0</b>	<b>0.0</b>
<b>Restricted Revenues</b>				
Interagency Receipts	51015	244.7	0.0	0.0
<b>Restricted Total</b>		<b>244.7</b>	<b>0.0</b>	<b>0.0</b>
<b>Total Estimated Revenues</b>		<b>244.7</b>	<b>0.0</b>	<b>0.0</b>

**Summary of Component Budget Changes  
From FY2009 Management Plan to FY2010 Governor**

*All dollars shown in thousands*

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
<b>FY2009 Management Plan</b>	<b>9,387.4</b>	<b>0.0</b>	<b>0.0</b>	<b>9,387.4</b>
<b>FY2010 Governor</b>	<b>9,387.4</b>	<b>0.0</b>	<b>0.0</b>	<b>9,387.4</b>